

HEALTH & WELLNESS CENTER

MEET THE REST OF OUR STAFF



Joan (Office Assistant) has been at the Health & Wellness Center since 2013. Prior to the HWC, she worked in the College of Education's Counseling and Human Services office for 19 years. Joan's professional interests include customer care services and learning about college health policies and procedures. In her free time, she enjoys going to church on Sundays and working on the Trustee Board/Ministry, working in her garden at home and her community plot, sewing, quilting and crocheting items to donate to charity, working out at Planet Fitness and drawing/sketching objects in nature. Joan also enjoys traveling to Jamaica at least once a year with her husband.



Susanne joined the HWC team in April as the new Office Assistant. Prior to Lehigh, she worked in a similar role at her church and volunteered with various organizations around her community. Susanne enjoys helping people and service to others. In her free time, she enjoys spending time with her family and friends, taking walks with her dog, and going on trips to the beach and to the Adirondacks as well as attending her kids sporting events, concerts and other activities. She is new to the area so is excited to see what the Lehigh Valley has to offer.



Yen is the Quality Assurance and Promotions Manager, and has been at Lehigh since 2017. She started at the HWC as an office assistant, transitioned to the Office of Diversity, Inclusion and Equity in 2019, and back to the HWC in October 2020. She received her bachelors degree in healthcare management in 2018 and her masters degree in healthcare administration in 2020. Yen's professional interests include data analysis and reporting, project management, and design and visualization. In her free time, she enjoys spending time with her family, attending her son's extracurricular activities, and finding shows and crime documentaries to binge.

To view all previously featured HWC staff members, [click here](#)



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NARCAN[®] (naloxone HCl)
NASAL SPRAY

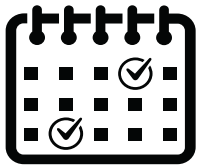
Provided by the
Bethlehem Health Bureau
Available at the
Health & Wellness Center



Contact Yen DeBellis
to complete a brief form (from BHB)
and schedule time to pick up
ngn217@lehigh.edu

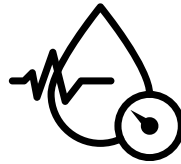
HWC SEMESTER IN REVIEW

JAN 23, 2023 - APR 28, 2023



2,953

APPOINTMENTS
SCHEDULED



269

STUDENT ATHLETES ATTENDED
BLOOD PRESSURE CLINICS



3,811

SENT AND RECEIVED
SECURE MESSAGES
(DOES NOT INCLUDE EMAILS)



113

STI CLINIC
APPOINTMENTS



2,724

PHONE CALLS
RECEIVED



139

LAB SERVICE
APPOINTMENTS



198

OFFICE VISIT
SURVEY RESPONSES



10

LECTURES / EVENTS WITH VARIOUS
STUDENT GROUPS / OFFICES

**DID YOU
KNOW ?**

MAY IS NATIONAL CYCLING MONTH



ON CAMPUS OPTION

Spin classes offered at Taylor Gym
unlimited classes this summer for \$30

May 22 - Aug 4

Spin w/ Genna

on Thursdays 12:10 - 12:55



FOR MORE INFORMATION OR
TO REGISTER, [CLICK HERE](#)



summer schedule

OFF CAMPUS OPTION

6ycle in Allentown is offering
ONE FREE spin class
with code LUSPIN when scheduling.

You will also be entered into a raffle for a
free one month membership for
National Cycling Month.

The HWC is not affiliated with 6ycle.



FOR MORE INFORMATION OR
TO SCHEDULE A CLASS,
DOWNLOAD THE **6YCLE** APP;
[INSTRUCTIONS HERE](#)



Instagram

CURRENT FULL-TIME STUDENTS:



ARE YOU IMMUNIZATION COMPLIANT?

Log in to your [Student Health Portal](#) to view your immunization compliance status. A **green checkmark** indicates compliance; a **RED X** indicates noncompliance. Upload documentation for processing or send us a secure message through the portal if you have any questions.

INCOMING FULL-TIME STUDENTS:



HEALTH FORMS DUE JULY 15

Health forms are required for ALL incoming full-time students. Health forms consist of a physical exam within 1 year of matriculation, or 6 months for student athletes, and documentation of required immunizations. Forms will be included in the first-year welcome kit or can be found on our [website here](#). Upload completed forms to your [Student Health Portal](#).



ARE YOU *graduating?*

Access your [Student Health Portal](#) to retrieve copies of:

Immunization Records

Health Records

If you have medications that need a refill, please call the HWC to schedule an appointment. The HWC can only see graduating students until the end of May; no appointments or refills will be made after that.

HWC SUMMER APPOINTMENT HOURS



(STARTING 5/15)

Monday, Tuesday, Thursday
Wednesday, Friday

in person 9-3
virtual 9-3

HAVE A SAFE & HEALTHY SUMMER BREAK